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The Journal

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35¢

Career people help sick kids

By Chris Treadway
The Montclarion

John Basich and Ellyovoy Thomas are Montclair professionals who take time each week after the completion of

uneters.

Basich and Thomas are typical of the 280 "non-traditional" people who donate time in the hospital's wards, said Barbara Schaaf, head of Children's volunteer

'My first night there I fell in love with the kids ... and with myself.'

their everyday jobs to do volunteer work. They volunteer at the same place, yet they have never met.

They are from different backgrounds and have different occupations, but they share a common denominator in the young patients at Children's Hospital in Oakland, where both are volunteers.

program. The program is not connected with the hospital's outside fund-raising volunteers.

"Our people are not traditional hospital volunteers," she said. "We have a wide range of people because we have a wide range of patients."

By "traditional," Schaaf was referring to the concept of

See KIDS on page 10

Women work on thwarting crime

Retirees keep streets safe

Kathy Arnold

Franklin Lynch targeted East Bay single, elderly women who lived alone in detached houses on corner lots. He specialized in assault.

During the summer and fall of 1988 Lynch made his way into Bay Area headlines and into the vicious minds of Bay Area residents. One of his assault victims was an Albany woman who was found in her home two days after a vicious attack.

Betty and Rose, two women who live in Albany near the scene of the assault, began an informal Neighborhood Watch group four years ago.

At the time they started the program on their street, the women weren't even aware that there was an official name for what they did by instinct.

But, according to Rose, their work really took off in 1987 after the Lynch incident.

Santas' give toys to needy

Barbara Steuart

House Miller, 7, is one of the volunteers who filled some of the 100 stockings the Children's Quilt Project donated to homeless and other needy Bay Area children this Christmas.

The room where Jesse worked the look of Santa's workshop boxes of dolls and stuffed rabbits, monkeys, lambs and bears covering most of the floor.

"I just want to help," said Jesse, who had abandoned his cycle tour around the neighborhood to help out at the project.

Project founder and executive director Diane Dehler said she originally planned to sew the stockings and give them away.

The Children's Quilt Project is extremely underfunded," she said.

See SANTAS on page 12

"That's what really rattled the bars," said Betty. (The women asked that they not be identified by their last names.)

The trees and the majority of citizens on the 1000 block of Talbot Avenue are mature. It is a stable neighborhood.

"We don't lose people unless they die," said Betty, 62. "We're the young ones on the block."

Rose, her partner in crime prevention, is 60. Both are retired.

As the youngsters on the block, the two women have demonstrated a concern for security of their street. In mid-November they hand-wrote flyers detailing incidents that had occurred.

Far from being fearful of crime, the women stress common sense and being aware of your surroundings.

red in the neighborhood and provided safety tips to help keep the neighborhood safe during the holiday season.

Then they went house to house distributing the flyers. Rosie took one side of the street, Betty the other.

"Once you see a notice handwritten and hand-delivered by a neighbor," said Dorothy Brown, who lives in the area, "it really makes you take notice — more so than reading it in the paper."

The flyer called for a Saturday afternoon meeting Nov. 18. About 15 neighbors showed up. Albany Police Chief Larry Murdo brought two videos and literature on community safety.

Rosie and Betty baked cookies and offered tea and coffee during the meeting. As neighbors got acquainted, the one-hour meeting stretched into three.

Nothing much unusual or suspicious looking gets by Rosie and Betty. They are aware of strangers who come on the block.

"We look into things," said Betty. "Oh, yes!" Rosie added.

See CRIME on page 12

Volunteer cares for animals

Career woman concerned about animal rights

By Dawn Frasier

Every day Kathie Long does bookkeeping and secretarial work for the Oakland Rubber Stamp Company. But at least once a week, Long spends several hours walking dogs, cuddling cats and cleaning cages.

The animals don't belong to her, though. She and her husband Dan, Piedmont residents for 20 years, have only two pets — Mocha and Misty, their golden retrievers.

For almost six years, Long has worked as a volunteer for the Oakland S.P.C.A. She sought out the volunteer position because of her love for animals.

"I've always been interested in animal rights," she said. She's hesitant to call herself an activist because she knows that the connotations can turn people off.

But she's definitely been active. For years she has written letters urging legislation on various animal issues.

Long said one of her main concerns is elimination of veal crates, the method used by most veal farmers to produce whiter, more tender veal. Because the crates keep the calves from doing what

See ANIMALS on page 7



Kathie Long takes Cinnamon for a walk, giving the dog a break from the kennel.

Teachers love work

Husband, wife team coach special Olympian athletes

By Rob D'Amico

Michelle and Jerry Silsford know all about the hassles of coaching kids — it's rough.

But they still choose to devote their time to special athletes, because the rewards of working with kids who have developmental disabilities are more than they can resist.

The Oakland couple coaches Special Olympians in track and field and sets up an annual Special Olympics aquatics meet at Laney College.

It's a demanding, but unpaid job. Silsford, 36, also teaches special education at Skyline and her husband, 35, does property maintenance in San Francisco.

The Silsford's spend their spring Saturdays coaching the kids for an Oakland track meet held every year in April. The pair teaches the Special Olympians running, jumping and other events, like the softball throw.

After the spring track and field meet, it's back to work as they start planning the aquatics meet.

The planning takes at least two weeks of heavy preparation, which includes filling out medical forms and other paperwork for competitors, and finding other volunteers to serve as officials and life guards.

The Silsford's involvement with Special Olympics grew from the wife's work with one kid on her swim team who had a developmental disability.

From her experiences with him, she became interested in working with other kids with special needs.

After working as an instructional aide in the Oakland Unified School District, she ultimately went back to school and got her certification to teach special education.

Silsford said she made a commitment to working with Special Olympics in 1976, after she was invited to attend the state competition at the University of California-Los Angeles as a chaperon for a young man on her swim team.

"At that time, I fell in love with Special Olympics," she said.

She noted that the Special Olympics events are a moving ex-

perience. At the games' opening ceremonies "there's never a dry eye in the crowd," she said.

Once Silsford became entrenched with her volunteer work, her husband was soon to follow. It seemed natural for him to help out, since he always competed in

various sports and was a good organizer and disciplinarian.

Having your wife as your helper makes the job easier, he said. "If she's busy filling out paperwork ... it gives me the chance to work with the athletes

See ATHLETES on page 12



Jerry Silsford, right, trains on the basketball court with Robert Smith in preparation for the Special Olympics.

Combined issue

Once again, the Hills Newspapers pool their talents to bring you this special combined edition focusing on some of the altruistic residents of the East Bay. The Montclarion, The Journal, The Berkeley Voice and The Piedmont are proud to feature profiles of local, hands-on volunteers.

Next Friday, Jan. 5, we will again join forces to highlight our most important news stories of 1989.

Happy New Year.



Quilt project collects toys

Crack babies, homeless kids helped in Christmas season

From front page
apologizing for the mere
right of giving away empty
things.

Then Dehler, a single parent
to a 17-year-old daughter,
said her mind.

“Somehow a miracle is
going to happen and all those
things will be filled.”

“miracle” continued, as
mostly women accompanied
by children — stopped by
Quilt Project’s headquarters

at 67 Addison St. in Berkeley
to drop off not only candy for the
kings, but bags filled with

so far, the Quilt Project has
collected 650 toys for homeless
children in the Bay Area. Dehler
hopes to boost the number of
to 2,000.

The Children’s Quilt Project
expanded rapidly — from a
small group when it
about two years ago, to
adult and 1,000 children
volunteers nationwide.

Dehler’s initial goal — present-
ing 15 to 20 quilts per year to
children with AIDS or with HIV
infection — expanded this year to
100 quilts sewn in California

along with the increased
number of quilts, the project has
broadened its group of recipi-
ents far beyond the 16 children
coming from AIDS in Oakland
and San Francisco.

The project currently donates
quilts to crack-addicted babies
and homeless children as well.

“If we hear of some other
needy child, we’ll give them a
quilt, too,” said Dehler.

The Quilt Project helps vari-
ety of organizations, ranging from
Oakland’s Children’s Hospital to
the Salvation Army and the East
Oakland Food Pantry.

Last Sunday, Linda Tucker,
coordinator for a foster mother
project based in San Francisco,
picked up three piles of quilts
from the Berkeley project.

Tucker’s Baby Mom project
receives basic funding, she said.
But the funding is not enough to
buy quilts or toys for the 32
babies with AIDS or HIV infec-
tion in 18 foster homes in the Bay
Area.

“It’s wonderful people are put-
ting together this project,”
Tucker said. “Otherwise we’d
really be out in the cold.”

Praise like this keeps the
volunteers coming back to quilt,
wrap Christmas presents or stuff
stockings.

Like young Jesse, most
volunteers feel good about helping
others. Many also enjoy spending
time with like-minded
people.

“You know those ads about
vacation as the ‘antidote for
civilization?’” asked Cynthia
Tompkins, 34, a housewife from
San Pablo. “That’s what this is
for me.”

Director Dehler said she
regrets that her quilting days are
over. Now, the work of finding
donors who give cloth for the
quilts and finding enough gifts to



Judy Lepire

Executive director Diane Dehler, left, works with Charles West (6), Jesse Miller (7) and Deshauna West (8).

fill all the stockings takes up most
of her time.

“It’s going to happen,” she
said, hopeful that all 2,000 stock-
ings will be filled with candy and
toys.

“If you donate one toy that
you’d give to your children or
grandchildren to a homeless
child, you’re really giving your
child a true present. You’ll teach
them what Christmas is all

about,” Dehler said, urging
donors to fill the stockings and
make the miracle she envisions
come true.

For Jesse and his sister, Nadja
— “five-and-three-quarters,” she
said — the main problem is not so
much where the candy comes
from, as what to do with the empty
candy boxes piling up on the
floor.

“I just thought of something

funny,” Jesse said, as he emptied
the contents of candy cane boxes
onto the table.

“If we did too many boxes,
pretty soon the room would be
filled with boxes.”

Nadja nodded her head, showing
concern. Then both went on
stuffing stockings, making sure
that every one got a candy cane.

Dehler shares Jesse’s concerns
about finding enough space for

boxes. She is stockpiling the
wrapped toys in her two-bedroom
apartment until organizations
send someone to pick up the gifts.

Like Jesse and Nadja, she re-
mains unruffled about the space
problem.

“I’ll just put everything in my
bedroom and sleep on the couch
in the living room,” she said,
laughing at how easy that prob-
lem was to solve.

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Infant, Toddler, Boys sizes 4-7	
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“Collectibles” Fall and Holiday Collections	1/3-1/2 Off
Aileen velour separates	1/3 Off
Animal print sweaters by Fennwright	1/3 Off
Fleece Tops and matching pants by Koret	1/3 Off
Entire collection of Pendleton wools	1/3 Off
Novelty sweaters by Eagles Eye and Skyr	1/3 Off
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Velour 2-pc jogsuit sets	1/3 Off
Koret fancy Holiday separates	1/3 Off
Cotton turtlenecks by Northern Isles	14.99
Sweaters by Crystal, Daniel Caron & Landmark	1/2 Off
Jr's.	
All Fall and Holiday Esprit & Genera	20%-1/3 Off
All Fall and Holiday sweaters by Woolrich, Memphis Jones, D.D. Sloane, One Step Up, Alison Brittany and Cal Ivy	1/3 Off
All Christmas print turtlenecks, boxers, and sweatshirts	1/3 Off
All Holiday fashions by Urban Outfitters and Paris Blues	1/3 Off

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Jr's • Children's
Lingerie • Shoes
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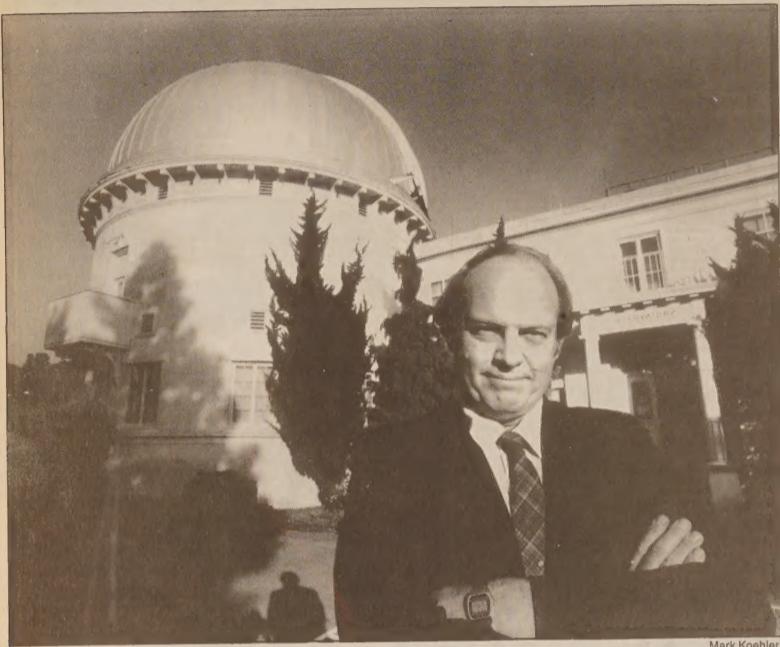
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Amateur astronomer helps Chabot Center



Mark Koehler

Terry Galloway stands in front of Chabot Science Center, where he has worked as a volunteer for public interest in science for 20 years.

Planetarium focus for public science education

By Ken Epstein
The Montclarion

Terry Galloway, chemical engineer and amateur astronomer, has dedicated much of his life trying to kindle public interest in studying science.

"This country has a big problem," he said. "We have to do everything we can to turn the students on to science and technology. We are already badly behind."

Though discouraged by what he considers official indifference, Galloway, 49, has worked for 20 years as a volunteer to spread curiosity about science among adults and children in Oakland and the rest of the East Bay.

Volunteering at least 10 hours a week, he serves on the board of directors of the East Bay Astronomical Society, which provides the rank-and-file volunteers who teach classes and operate the planetarium and observatory at the Chabot Science Center, 4917 Mountain Blvd., near Mills College.

Part of Galloway's work involves coordinating volunteers.

The astronomical society has 260 members, including about 60 who volunteer at the science center.

Galloway also helps out wherever the center needs him, whether lecturing on the Greenhouse effect or aiding a research project on Bay Area air pollution.

At present, he spends much time fundraising for the center's new home above Skyline Boulevard near Redwood Peak. Construction at the site is expected to begin in a year and last for about four years.

Raising money may not be as much fun as conducting experiments but it is important, Galloway said. The center has

survived only because volunteers have been willing to do what is necessary.

Run by the Oakland Unified School District, the center often been without funds and faced closure three times since it opened 75 years ago, Galloway said.

And the efforts have paid off. The center has been a part of the education of generations of Oakland residents.

"Whenever I speak in person to people who tell me their children, they were first introduced to science at the center,"

See CHABOT

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Center's chief has many jobs

Good Samaritan director also involved in scouting

By Carolyn Draheim

Oakland hill resident, Cleveland Thomas Jr., is a man on the move.

Twice a week, Thomas and his faded Pontiac with imitation wood trim wind the length of the city, stopping at board and care homes to pick up his elderly

PG&E meter was stolen and he stepped in to clean up the resulting mess.

He has been with the center ever since, planning activities, refurbishing and maintaining the building and paying the bills, often with money out of his own pocket.

Three days a week, Thomas and his aging yellow van make the rounds of bakeries and restaurants for donations of day-old bread and food for the center.

Twice a month, Thomas distributes free bags of food to the community. With the help of volunteers one recent Friday, he passed out 127 bags filled with vegetables, bread, potatoes and canned goods.

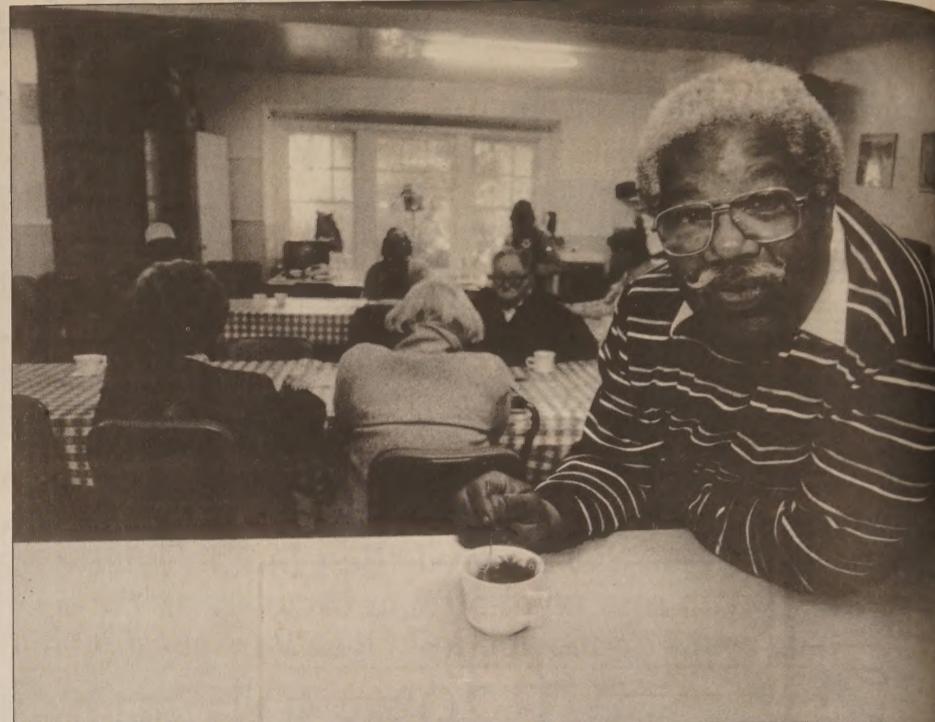
"In 50 minutes we went through 150 pounds of potatoes, about 400 cans, and 37 banana boxes filled with bread," he said.

Those who volunteer at the center say that the tall, gray-haired Thomas imparts a special magic to all he does.

"Going to Cleve's is like going to a family," said the center's art instructor, Patsy Newhouse, a VISTA volunteer.

"He's very wise, sensitive and smart," she said. "His whole purpose is to make life better for these older people, to give them an environment where people like them and care about them."

Although running the center absorbs most of the retired electrical designer's energy, Thomas manages to find time for his other consuming interest — scouting.



Cleveland Thomas Jr. volunteers a lot of hours as director of the Good Samaritan Center in Oakland.

"regulars" for a morning at the Good Samaritan Center.

To the small group of frail aging Oaklanders, the battered blue station wagon that arrives at their doors is no less than a chariot whisking them away for a morning of companionship, bingo, exercise, art and music.

"It's the only time in the week they have a chance to go out," said Thomas. "They are so happy to see the car in the morning, it makes me feel good."

Thomas, 60, is the director of the center on 10th Street, a volunteer job he "fell into" several years ago when the building's

As activities chairman for the Peralta district, Thomas oversees all the activities for Cub Scouts in Oakland, Berkeley and Alameda. He became involved with the Scouts 24 years ago when his son was active in the organization.

Thomas is disturbed by the continuing drop in the number of boys active in Scouts.

"There are so many distractions for boys these days," he said. To encourage as many boys as possible to join Scouts, Thomas and several others collect

and dispense used uniforms to any boy who needs one.

Thomas also sits on the Eagle board of review, the final stage for Scouts working toward their Eagle badge.

"Cleve sits there quietly smoking his pipe and putting the boys at ease," said Montclair resident Howard Waits, an assistant scout master who has known Thomas for nearly a decade. "It's a pleasure to watch him. He is so big-hearted and he's the work horse of the district."

In 1976, the San Francisco Bay Area Council recognized Thomas' efforts by awarding him the silver beaver award, the highest award to a nonprofessional in Scouting. Thomas' community involvement began when he was a teen in the early 1940s. He and a group of friends in San Francisco's Fillmore district banded together to form the Royal Escorts, an informal service organization that raised money to provide college scholarships for young people.

"We gave dances and we managed to come up with money for each scholarship," he said.

To find deserving students group advertised in the news and interviewed prospective candidates. Before disbursing years later, the Royal sponsored 10 college students. One is now a psychiatrist in Los Angeles.

See CHIEF

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Kathie Long enjoys time with Cinnamon at Oakland's SPCA.

Mark Koehler



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Animals' lives enhanced

Continued from page 1

calves naturally do — eat grass, nuzzle other calves, chew cuds — the animals get sick. Farmers then give them antibiotics, which pass into the veal.

Long has actively written letters to the California legislature and through her involvement with the Humane Farming Association, is working on educating the public.

"We're asking farmers to raise the calves in a natural, humane way," she said.

But writing letters and working for change wasn't enough for Long. She wanted to do something more "hands-on."

She looked around the community for some way to be involved with animals and discovered the S.P.C.A.

At that time few volunteers were involved, and the S.P.C.A. had a real need for someone to socialize with the animals and encourage them.

Long walked in to see over 80 kennels. Some of the dogs had not been walked for four or five days.

Cats, she found, didn't need the exercise so much, but they did

need to be handled, held and talked to.

"I didn't know where to begin," she said. "It was really hard."

But she did begin and still spends most of her time working directly with the animals. "I really love taking care of them," she said. "Even cleaning cages doesn't bother me."

The S.P.C.A. keeps most of the animals indefinitely, Long said. Some dogs have stayed two to three months and then have been adopted. "We do euthanize animals," she said, "but we're very careful about the choice made."

Several people make the decision, which is based on physical and emotional health (some animals don't kennel well) and on available space.

Educating the community about what the S.P.C.A. does and how it works is also important to Long. For the last four years she has helped with the Mobile Adoption Unit, which educates the public and takes animals out to be adopted.

There are more volunteers now

than when Long started, but more are always needed, she said. And it's not always necessary to work directly with the animals.

"Some people find it too heartbreaking to work with the animals," Long said. "You want to take them all home with you. I felt that way at the beginning, but you grow past that. You know that what you're doing is making a difference in the quality of their lives."

Volunteers may work in the reception office, answer the phones or groom animals. Some people go to schools to educate kids about responsible animal care.

Long said the S.P.C.A. likes to have visitors come to see the facility, even if they don't plan to volunteer or adopt an animal. Located at 8323 Baldwin St., off Hegenberger Road near the Coliseum, visitors sometimes have low expectations since it's an industrial area.

"But we have a huge amount of land, all landscaped in back," Long said. "It's gorgeous."

What's important to Long is that people in the community get involved in something.

"I'm always pushing volunteerism at cocktail parties," she said. "They're probably sick of it."

But Long believes there is so much need for people to give just a little of their time. If not with animals, then with any number of other possibilities.

"I can't say enough about volunteering," she said, "even if it's only a few hours a week like I do. It's the most fulfilling thing."

Booklet tells how to prune

During winter dormancy is a popular time to prune trees, and a free booklet is available from The National Arbor Day Foundation to show you how.

The illustrated guide called *How To Prune Young Shade Trees* has been prepared for homeowners.

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The booklet is filled with illustrations showing you how to make a pruning cut, how to prune for desired form, how to strengthen your tree by removing certain branches, how to maintain the tree's health by removing trouble spots, when to leave temporary lower branches, and when to cut them.

The booklet even shows how to hold a pair of pruning shears and how to make pruning cuts at the proper angle.

To obtain your free copy of this booklet, send your name and address to: *How To Prune*, National Arbor Day Foundation, Nebraska City, NE 68410.



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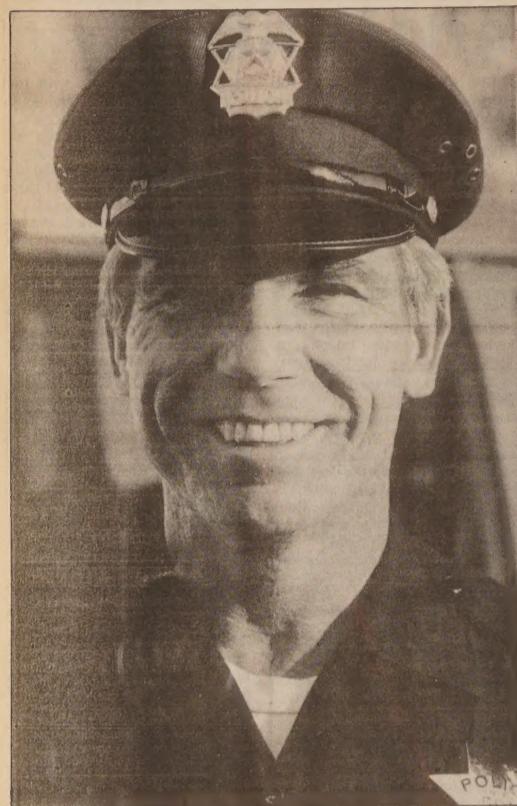
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Busy cop finds time to help the elderly



Ken Douglas

Chauffeur duties enjoyable

By Neva Hull

Ken Douglas — husband, father, writer, medical technician, policeman, marksman, fisherman, movie buff and ... volunteer.

Volunteer? With such a busy schedule, how has Douglas, soon to retire from the Oakland Police Department, found the time for volunteering?

"I make time," he explained over a muffin and coffee.

Spoken like a dedicated volunteer, for that's what it's all about — putting one's own cares and problems aside and taking time from self-interests in order to make time for others.

In short, stepping in where needed and giving freely of one's self.

Douglas became involved in the Piedmont Gardens Retirement Home volunteer program while serving as an Oakland Police Department foot patrolman on the nearby Piedmont Avenue beat.

The retirement home's bus, which takes residents on shopping expeditions, needed another driver.

Douglas took on the position, and now drives residents to the Rockridge shopping center and assists them with shopping when they need help.

Some preliminaries were involved before Douglas could begin driving a busload of people around town. He first had to apply for a chauffeur's license at the DMV.

"I had to study the book and take a three-and-a-half hour test," he said. He also underwent a supervised driving test before the license was issued.

There is only one man in Douglas' shopping group.

"The gentleman," said Douglas, "claims that he doesn't really need to do any shopping but just goes along to protect the women from me." Douglas said he gets more out of his Piedmont Gardens friends than he gives.

A family man, Douglas and wife Sharon have two sons, 22 and 10, and a daughter 15, and celebrated their 25th wedding anniversary last July.

In his column, titled "Ken the Cop," in the Piedmont Avenue

Douglas says he gets more out of Piedmont Gardens friends than he gives ... He is thankful ... (he is) in touch with so many wonderful people.

Merchants Association tabloid, Douglas writes thoughtful educational pieces on such subjects as recognizing scams, identifying the characteristics of shoplifters, guarding against purse snatchers, and teaching children how to recognize dangerous situations.

Douglas not only volunteers his services as chauffeur on a regular basis, but he also regularly visits a retired friend he met on his beat.

And a one-on-one visit with Douglas makes to his friends another way of giving of self.

Contemplating retirement from the police force, Douglas wrote in his tabloid column he is thankful his Piedmont Avenue assignment brought him in touch with so many wonderful people. He called the assignment a "blessing."

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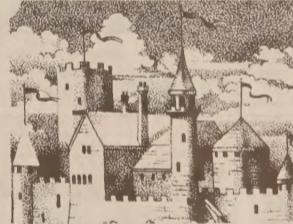
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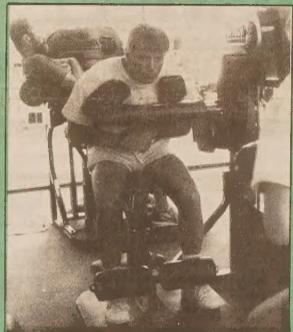
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Helpers earn job satisfaction

Continued from page 1
non-working women filling the volunteer ranks.

About 20 percent of volunteers are men (the statewide average is six percent) and 28 percent are people who work full time elsewhere.

There are also a variety of motivations for becoming a volunteer.

"Most of us don't set out with one reason in mind," said Thomas, a licensed real estate broker with Mason McDuffie's Montclair office who has logged more than 900 hours at Children's since 1980. "I think it's different for each of us."

Doing volunteer work is something Thomas takes for granted.

"It's almost like I've been volunteering all my life," said Thomas, 43. "From the time I was a little kid our whole family was expected to do things to improve the community."

Following through on his commitment in adulthood was not simple.

"I always thought 'I'll vol-

'I like it because you get hands-on experience.'

— **Ellovoy Thomas**
Volunteer

unteer when I'm rich,'" he said with a chuckle. "But when your fortunes are up, you don't have time and when your fortunes are down, you don't have time."

Thomas finally made the time, setting aside four hours a week to spend at Children's, because "I wanted to work with kids and it was the only children's hospital in the area."

"The most rewarding thing is that connection you get when you know a child likes you and appreciates you. It could be a teenager wanting to talk or a little kid that pulls on your pant leg and says 'Can I have a hug?'"

The former Marine Corps Sergeant worked in several hospital departments before settling on the emergency room about two years ago.

"I like it because you can get hands-on experience," he said. "You kind of act as a support system in non-technical duties that the nurses and doctors would perform. It's not a gofer job. You can learn about anything you want to there."

Unlike duty on the wards, "We don't really get to be with the kids for a long time, but it's real intimate the time we do have."

Basich, an "over 40" civil engineer who got his bachelors and masters degrees from Berkeley, was unhappy with the state of the world and said his own life was "not fulfilling."

That changed the first time he arrived for work as a volunteer at Children's Hospital 2-1/2 years ago. Basich immediately found the fulfillment his life lacked.

"My first night there I fell in



Ellovoy Thomas helps Debbie Adams, RN, with four-month-old Escenithio Marigny.

love with the kids and fell in love with myself," he said. "That first night I was able to walk into any room and work with any kid."

In his first month alone, Basich logged 100 hours on the fifth floor ward of the hospital.

Sensing "where I am needed" is his goal, whether it is assisting hospital staff by

preparing and calming young patients about to undergo the trauma of certain treatments or playing with or just providing attention and encouragement to kids alone in unfamiliar surroundings.

It could be unspoken but responsive communication with a very young leukemia patient who speaks another lan-

guage or lugging an oxygen tank and intravenous along the corridor for a girl who would not otherwise be able to leave her room.

His work at Children's led Basich to put in time at Camp Sunburst, a camp that is the first camp for children with AIDS and HIV virus.

Flame-resistant fiber reduces fire hazard

A significant number of clothing fire victims are older adults, reports the National Safety Council.

The garments most commonly ignited are robes, pajamas, nightgowns and other loose-fitting clothing.

The council reminds you to buy clothing, especially nightwear, with fire safety in mind. If possible, purchase clothing labeled

"flame-resistant."

Garments made of acrylic, wool, silk and nylon are generally less flammable than those made

of other fibers.

Look for tightly-woven fabrics with smooth surfaces. They ignite less quickly than materials with

can be removed without being open weaves or rough surface.

Try to choose garments that pulled over the head.

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habot...

ued from page 4
Center," he said.

He has been in Galloway's since he was born and raised in San Leandro. He quit the lab when he recalls building a toy lab in a tree house while in grammar school.

In high school, he built a telescope and has been involved in astronomy ever since. Galloway was encouraged by school teachers to build projects. But he remembers one in particular.

He built a system that kept a heart alive for about a week.

Galloway earned a bachelor's from UC-Berkeley and a master's in chemical engineering from the California Institute of Technology in Pasadena.

He served for five years on the faculty at UC-Berkeley and then went to Lawrence Livermore Laboratory. He quit the lab when it became involved in Star Wars research.

Galloway now works with several partners who developed and are marketing a small machine, called the Synthetica Detoxifier, which destroys hazardous wastes without releasing dangerous by-products into the environment.

Apart from his scientific enterprises, Galloway has family ties to local history and is keenly interested in preserving historic buildings in the East Bay.

One of his forbearers, Henry Clay Smith, founded Alameda County in the 1840s. And his family in 1925 started Caterpillar

Tractor, building the company's national headquarters and a plant in San Leandro.

Looking at his years at the science center, Galloway decided the center's most exciting undertaking was when it helped NASA track lunar space missions between 1968 and 1972.

"We had a huge group of volunteers and three telescopes up there (at the center)," he said. "The public came through by the thousands to watch the landing on the moon."

While support for the center currently is on the upswing, the lesson of history is to maintain constant vigilance, Galloway said.

"We can't take it for granted," he said. "If we do, I'm sure somebody will close (the center)."

Continued from page 6

Thomas met his late wife Mary, a woman who shared his energy and interest in the world.

"When we first met, she wanted to be a lawyer and an anthropologist," remembered Thomas. Instead she went on to become a teacher and eventually a high school principal in Emeryville.

While their two children, Alice and Norman, were growing up, both Thomas were active in the local Methodist Church. When Norman was 11, his father got involved in Scouting.

Mary volunteered as assistant director of the Good Samaritan Center. When ill health curtailed her activities,

Thomas helped out and on her death, took over the directorship.

Since the day of the stolen meter, the center has been his main responsibility.

On the days the center is open, Thomas arrives at 7:30 a.m. to turn on the heat, make coffee and set up for the day. At 9 a.m., he hops in the station wagon, prays that it will run and sets out on his rounds, picking up between 18 to 22 faithful attendees.

At the end of the day's program, Thomas retraces his steps and takes each member of the group home again. By 3 p.m.,

he's back at the center to clean up and do some paper work.

His dream is to serve up to 30 people at the center but he's concerned that the van and station wagon won't be able to run much longer — the Pontiac already has 120,000 miles on it.

Both are being held together by hope and the generosity of a local mechanic, he said.

Despite these and other worries, Thomas refuses to get discouraged. "I don't let things bother me," he said. "I just keep on going."

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ESTAURANT GUIDE

ADVERTISING SUPPLEMENT



East Bay Dining

By Michael S. Holmes

WALKER'S RESTAURANT AND PIE SHOP

You have been in the Bay Area for any length of time you have undoubtedly heard of Walker's Restaurant and Pie Shop. If you have had for home cooking served with a smile you have eaten here many

times. Walker and her brother Doug have run this homestyle restaurant since 1964 in the same location with essentially the same come and down-to-earth menu that their dad started with in 1946. Their loyal customers span 3 generations and then some. My introduction took place in 1965 as a Saint Mary's high school senior.

Breakfast served Tuesday through Saturday includes: ham and bacon and cheese and plain omelettes served with hash browns, red toast and jam; French toast with bacon and egg; and the daddy, consisting of ham, bacon or sausage, two eggs any style, hash browns, toast and jam.

The lunch menu at Walker's takes two full pages to list old-time favorites and daily specials. Salads and soup, dieter's specials, comfort lunches and burger classics are only a portion of what you will offered at Walker's. The sandwich selection alone has eight items from roast beef or ham to tuna and bacon cheese, all served on rye, wheat or rye.

Entrees at Walker's are under the heading of 'Complete Dinners', a wise understatement. Entrees include; a 10-ounce cut New York double cut prime rib; smoked tavern ham with grilled pineapple; red snapper (grilled or poached); and the fresh catch of the day. Entrees includes homemade soup, tossed green salad or molded potato salad, house-made rolls, vegetables and potato and a "slice of famous pie" at no extra cost.

Walker's Restaurant and Pie Shop is located at 1491 Solano Ave. in El Cerrito. It is open for breakfast Tuesday through Saturday 8 a.m. to 11 a.m.; lunch Tuesday through Saturday 11 a.m. to 3 p.m.; dinner Tuesday through Thursday 5 p.m. to 8 p.m.; Friday and Saturday 5 p.m. to 10 p.m.; and Sunday dinner 5 p.m. to 8 p.m. For additional information to order food to go please call 525-4647.

INDIA INDIAN CUISINE

A beautiful 1920 tile front building that now houses the Sabina India restaurant is a fitting entrance to a world of spices and flavor from the country that has widened our taste with Tandoori specialties, saffron rice dishes, lamb and seafood curries and Indian dishes all from Northern India.

Make your reservations now for Sabina's special New Year's Eve. From 5:30 p.m. to 10 p.m. on December 31 enjoy an all you can eat buffet dinner complete with glass of wine, beer or champagne for only \$12.95.

On the menu include: Tandoori prawns in a marinade of spices, boneless chicken tikka kabab marinated in spices and roasted; basmati curry in a mildly-spiced cream sauce with nuts; and a hot spicy chicken vindaloo served with potatoes. All dishes are served with traditional bread called naan.

Sabina India Cuisine is open for lunch Monday through Friday 11:30 a.m. to 2:30 p.m. and for dinner seven days a week from 5:30 p.m. to 10 p.m., Sunday evenings until 9 p.m. There are two locations: in El Cerrito at 1628 Webster St. (the phone number is 268-0863) and in Berkeley at 4607 Clayton Rd. (the phone number is 827-9112).

The beauty, grace and elegance of North Africa and the Middle East is found at Ali's in Kensington. The incredible interior design is an introduction to this culinary cultural experience that can only be described as Moroccan Romantic.

The menu boasts the finest in cuisines from Tunisia, Algeria, Morocco and the Middle East. Meals begin with a delightful assortment of Mezza which can include harira — a traditional soup; pil pil — prawns with fresh herbs and tomatoes; and kabenaya — lean lamb seasoned with spices and served raw like steak tartare with bread.

Dishes from the grill include shish taouk — grilled fillet of chicken in lemon juice, basil and olive oil and rack of lamb. Other dishes are braised and include: chicken oas — braised chicken in a sauce with Medjool dates; Tagine Saudi — braised lamb with apricots and okra; and Tagine Jerusalem — chunks of lamb braised with Jerusalem artichokes.

In addition to these dishes there are many couscous, curry and Indian dishes that will delight your palate and make your evening at Ali's unforgettable.

An exciting and different restaurant is located at 385 Colusa in Kensington and open seven days a week. The bar opens at 4 p.m. and dinner is served from 5 p.m. Ali's provides cultural live entertainment as well. For additional information and reservations please call 526-1500.

Chief...

December 29, 1989 Hills Publications 11

MARIO'S ITALIAN CUISINE

Discover old world Italian tradition and cuisine at the Del Norte Shopping Center in El Cerrito. Mario's is an exciting new restaurant offering an appetizing and varied menu that reaches from America to Italy.

Having eaten at Mario's more than once I can highly recommend: the calamari steak prepared with a white wine, garlic base and lemon butter sauce; the rigatoni with hot and mild Italian sausage; the chicken piccata served with lemon capers, white wine and mushrooms; and Mario's Thursday special, perfect cannelloni served with a tossed green salad covered with blue cheese, and a glass of Chardonnay from their extensive wine list.

Mario Addiego, owner and chef, along with chef Mario Pecci, creates these dishes with a masterful touch that show years of training and commitment to perfection that make dishes like veal piccata and pasta carbonara stand out from the imitators.

Enjoy Mario's Italian Cuisine for lunch Tuesday through Friday from 11 a.m. to 2 p.m. and dinner Tuesday through Friday 5 p.m. to 9 p.m. and Saturday 5 p.m. to 9:30 p.m.

Mario's is located at 11299 San Pablo Avenue in El Cerrito. The phone number for reservations and daily specials is 237-0033.

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My lunch consisted of humus with tahini (sesame seed dip), a cold mushroom salad, stuffed grape leaves, Israeli pickles and olives, falafel and homemade pita bread all beautifully presented and perfectly prepared by this charming couple.

Also on the menu are gefilte fish and stuffed cabbage (both come with pita bread), beef shishlik, schnitzel, kabob, stuffed bell pepper, fried and corned egg plant and matzo ball chicken soup.

All items on the menu are available for take out and Holy Land does kosher catering throughout the Bay Area. The restaurant is glatt kosher which is the highest standard for a kosher restaurant. No dairy products are served and smoking is not permitted on the premises.

Holy Land is located at 677 Rand Ave. in Oakland and open Sunday through Thursday 11 a.m. to 10 p.m., Friday 10 a.m. to 4 p.m. and closed Saturday. The phone number is 272-0535.



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H·A·N·D·S

Neighbors stay alert

Continued from front page

After a couple of recent incidents — neither of which turned out to be of any consequence — Betty decided she had better go

Athletes...

Continued from front page

and vice versa."

"He's a natural born volunteer," Silsdorf said of her husband. "It's great being able to work along with someone so close — especially when that person is your husband."

and her hus-

down to the police station to talk with Murdo and "check it out."

Her discussion with Murdo resulted in the neighborhood November get-together.

The effort by these two women to make their block a safe place to live is organized, yet the organization is casual. Each person is responsible for looking out for two other homes.

Betty and Rosie check in with each other each night while they are out walking their dogs. They look out for things that might be amiss — whether it is a burnt-out light bulb over a front porch or a neighbor's dog that has escaped backyard confinement.

Perhaps the women's abiding sense of community stems from their lengthy residence in town. Both Betty and Rosie are longtime Albanians.

Betty was raised in Albany and attended Marin Elementary school. Her children went to school.

He came to Albany about 34 years ago as a bride. As children grew, her husband and Betty lived in the same neighborhood.

Both Betty and Rosie are low-key

about their safety activism. "They just want to do what they do without a lot of fanfare," Brown said.

Far from being fearful of crime in their neighborhood, the women stress common sense and being aware of your surroundings. They were jovial in discussing their involvement in Neighborhood Watch.

One recipient of the flyer was alarmed that there is that much crime in Albany.

"It is out there," Betty said. "I think the person kind of misinterpreted it (the flyer) to think we have 'Oh my god! Burglaries once a day."

According to statistics released by Murdo, there was actually a 12.6 percent decrease in crime from 1987 to 1988 within the city.

Murdo attributes this decrease, in part, to the many Neighborhood Watch groups that are active within the community.

This time of year is a time to be especially careful, according to Rosie. That is why she and Betty distribute flyers during the holidays.

People are preoccupied with



festive preparations and may tend to be more distracted than normal from taking proper precautions.

Mainly they emphasized being alert and knowing your neighbors. The best crime deterrent to Betty, is a preferably one that bathes

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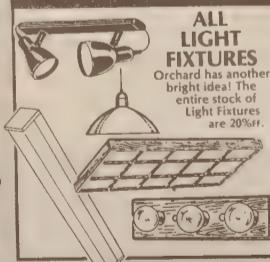
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Bell ringers raise money in difficult year



Mark Koehler

Susie Hing, Salvation Army volunteer, brings in impressive amounts to her kettle.

Salvation Army helps poor, sick but volunteers, donations down

By Janet Byron

Most of the holiday shoppers hustling by Susie Hing and her bright red Salvation Army kettle did their best to ignore her. But they couldn't get away from the incessant tinkle-tinkle-tinkle — which is just what she hoped for.

"Some people went around the block when they knew I was here," explains Hing. "When I stopped ringing the bell, if they had a conscience, they came to give money."

The kettle money raised by the Salvation Army Berkeley Community Center paid for more than 100 holiday food basket for poor Berkeley and Albany families, senior citizens and the handicapped, and toys for about 250 children. Center members also visited nursing homes, singing carols and bearing gifts.

As a volunteer for the Salvation Army's Christmas kettle drive, Hing was an anomaly in Berkeley. Volunteers donated less than 40 hours for bell-ringing this year, according to Sylvia Martin, who runs the Berkeley Community Center with her husband David.

In order to keep the kettles out on the streets, Martin paid \$4.50 an hour for seven part-time bell-ringers. She says that people didn't seem to have the time to volunteer this year.

"They feel funny," Martin says, "about going out and soliciting friends."

Judy Vaughn, director of community relations for the Salvation Army in the Bay Area, explains

'What I do today comes from my heart.'

— Susie Hing
Bell-ringer

that "it's hard to raise money on the street. It's a very humbling experience, because people walk right by."

Although she would have preferred volunteers, Martin says paying bell-ringers also provides a service to the community. Last year she hired a homeless woman. "I don't mind paying anyone. They do give of their time," she says.

100-Year Tradition

The tradition of Christmas-time kettle collections began in San Francisco in 1891. Salvation Army Captain Joseph McFee placed the first pot on the Oakland ferry landing, at the foot of Market street.

By 1895, 30 Salvation Army Corps along the West Coast were using kettles to collect funds for Christmas dinners for the poor. The practice quickly spread across the country and around the world.

When several malls in the Washington D.C. area refused to allow Salvation Army bellringers inside, First Lady Barbara Bush got national attention by placing \$10 in a kettle in protest.

On a Friday before Christmas, Susie Hing, 61, rang a bell in front of the BART station on Center and Shattuck in Berkeley. She saw an old friend go by, and gave her a big hug.

"I haven't got much money today," the woman said as she put a five-dollar bill into the kettle, perched below a sign that reads, "Sharing is Caring."

Two well-dressed women scrounged through their pocketbooks for change, which they toss in.

"I like to hear it click — so if I have more change I put it in," said Dagny Bills, an 81-year-old clerk for the city of Berkeley.

"It's something that gives you

Continued on page 15

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Expert aids in rescue



Mark Koehler

Bishwendu K. Paul volunteered to inspect damaged structures after the quake.

Engineer donates time, advice

By April Lynch

Some people might say engineers like Bishwendu K. Paul have an unusual response to disaster.

Most East Bay residents stayed home after the Oct. 17 earthquake and tried to calm their jangled nerves. Not Paul — he donned his hard hat and went to work.

Along with more than 50 engineers in the East Bay, Paul volunteered his time and knowledge to inspect quake-damaged buildings in heavily hit Oakland.

He entered places covered with broken glass and brick, places other people had fled and helped decide when, if ever, those people could return safely.

"Many buildings suffered a lot of serious damage," said Paul, a native of Bangladesh who runs his own one-man engineering firm out of an office in El Cerrito. "But I'm never nervous during an inspection ... unless another earthquake were to hit in the middle of it."

Forget the stereotyped image of the engineer, the scholarly number-cruncher armed with a high-powered calculator and a mechanical pencil.

People like Paul help determine the strength and safety of the man-made world, what will fall and what will stand. Engineers have always known that. It took the October 17 earthquake for others to understand it.

"A lot of people don't realize it but everyone uses engineers ... for their homes, for their freeways, for their water supply," Paul said. "We all use these things every day but we never think about how we got them."

According to Paul, most of the serious destruction caused by the October quake stemmed from older, poorly-designed structures. Devastated areas like the Cypress section of I-80 or Oakland's Em-

'...I take my work as a challenge ... to help people prepare.'

— B. K. Paul
Engineer

porium had been built before the advent of adequate earthquake safety standard.

Pointing to a new copy of California's building codes on his desk, Paul said, "This is our bible. If we follow even minimal safety standards, we should be all right."

Since the quake Paul, like many other engineers, has found himself trying to straighten out the mess left by an earlier era's inadequate safety standards.

The October earthquake damaged many of Oakland's older roads, stores, office buildings, apartments and homes.

When the city's overburdened building inspectors realized the full extent of the damage, they called on a list of local engineers who had previously volunteered their services in case of a disaster.

Paul, a graduate of UC Berkeley with a master's in structural engineering, was on that list. The city asked for his help two days after the quake struck and Paul spent the next two days examining buildings in Oakland's downtown and western section.

"These guys were a tremendous help," said Greg McMann of Oakland's Damage Assessment office which coordinated with the state's Office Emergency Services to put the volunteers to work with the city's own inspection staff. "With them an impossible job became something we could handle."

According to Paul an engineer

first examines a building's original blueprints and then goes around the exterior, through the interior and into crawl spaces to check for damage.

Any leaning or cracks in walls and foundations give the clearest signs of serious structural damage.

In both his volunteer work and his own work as a private consultant, Paul found many buildings that were "still standing but unsafe to be in."

One older house in west Oakland twisted almost a full quarter-turn off its foundation. Others with only minor visible damage actually sustained serious internal damage, with repair costs running between \$3,000 to \$5,000.

Hanging on the wall of his office, a collection of newspaper articles on the possible effects of a major quake along the Hayward fault indicates Paul's concern that the East Bay's problems did not end with the October 17 shaker.

In Paul's mind the minor cracks in many buildings he inspected "indicate that many buildings would really suffer significant damage if there is an earthquake along the Hayward fault."

The 38-year-old Paul, who has more than 16 years of experience in the engineering business, advises people to prepare themselves by inspecting any building of two stories or more, repairing minor damage if possible, and checking chimneys for damage or cracks.

In addition to the dangers of falling brick, a damaged chimney could also cause a home to catch fire.

"I'm not really waiting for the next earthquake but we need to be prepared for what to do," Paul said. "Now I take my work as a challenge, a challenge to help people prepare. The earthquake showed that the need could arise at any moment."

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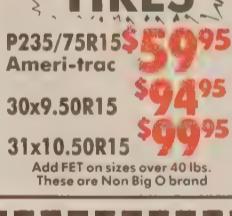
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Bells ring in the money

Continued from page 13
 Christmas spirit, and there's much of that any more," adds Mary Shea, a secretary for the

thanked each donor loudly regardless of the amount they gave. "Thank you! God bless you!"

She's real good. She's the one," says Martin. "She knows people. She'll make three times what a normal kettle would take." The average bell-ringer gets \$100 on a five hour shift.

"What I do today comes from my heart," Hing says, laying her hand on her chest. She came to the United States from the Chinese province of Canton in 1960, and now lives with her husband, an electrical designer, in a beautiful house in the wood section of Berkeley.

From 1955 to 1965, Hing ran a cleaning business on College

'... it's hard to raise money on the street. It's a very humbling experience...'

— Judy Vaughn
Salvation Army

Avenue, but now she spends much of her time doing charity work.

"I can't take my money with me when I die," she explains.

Hing, who contributes to more than 15 charities, recently donated \$5000 to build a high school in her Chinese hometown, and plans to give \$1000 to the Salvation Army next year to build a canteen in Berkeley.

Despite her largesse, she still found time to stand on street corners ringing a bell for five hours.

"I hope that people will send money to the (Salvation Army) headquarters, or put money in the kettle," she says. "That's what helps the homeless and the poor people."

This was not an easy year for the Salvation Army's Christmas

relief efforts in Berkeley. Martin had five kettles, which were out from the day after Thanksgiving to Christmas Eve — when she was able to get people to man them.

The Berkeley Salvation Army's 1989 Christmas fund had budgeted \$12,000, but at press time Martin did not expect to raise more than \$5500.

"All non-profit organizations are experiencing problems because of the earthquake," Martin says. "Our sources dried up. The community just doesn't have anything else to give."

In addition to lower contributions to the kettles, Martin received only 200 cans of food for Christmas baskets this year, compared with 10,000 last year.

The fledgling two-year-old Salvation Army Berkeley Community Center serves a dual purpose. It's a church with 20 adherents, and a non-partisan organization serving the broader community.

"We always fight the public image of the Salvation Army," Martin says. "You're either a mission or a thrift store."

Year-round functions in Berkeley include a food pantry, emergency clothing voucher program, youth activities and a summer day camp.

Last Saturday, Martin's 14-year-old daughter Hannah was



Susie Hing rings bell to raise funds for the Salvation Army in Berkeley.

Andy Whipple

ringing a bell outside Bill's Trading Post on College Avenue. Clint Johnson, a 45-year-old Berkeley attorney, stopped to let his five-year-old son Cameron and friend Alexander Mackey put a dollar each into Hannah's kettle.

"When the earthquake happened I gave in my school to the Salvation Army," said Cameron. "I want the poor people to have food," said Alexander.

The Salvation Army, 125 years old next year, serves more than two billion meals worldwide each year to the poor. It also provides numerous less well-known services, including disaster relief, homes for orphans and unwed mothers, alcohol rehabilitation, half-way houses, youth camps, suicide prevention, and day-care centers.

Across town, Leodis Bonner, a 41-year-old Berkeley janitor, manned a kettle in front of Blondie's pizza on Telegraph Avenue during a busy street fair. Bonner says his kids go to the Salvation Army community center every week to play games and sing songs.

"They helped me when I was in need, so I feel I should help them out."

As she puts a few bills into the kettle, Joyce Yaffe, a 38-year-old I.R.S. clerk, says that she donates "because I have money to buy presents and I shouldn't be the only one to profit from my earnings."

Yaffe says she always supports the Salvation Army because she remembers her father telling her how they gave free coffee and donuts to soldiers during World War II.

Another donor on Telegraph is Pam Siebert, a 39-year-old Oakland architect. "It's an irresistible urge in my Christmas routine," she says. "I know where the money goes — to people who are hungry."

Connie Smith, a 25-year-old UC-Berkeley graduate student, has a different motivation for contributing a dollar.

"I feel particularly sorry for them because everyone's shutting them out of malls," she says.

Bell-ringers Susie Hing and Leodis Bonner both say that ringing the bell constantly does bother them.

"I just switch hands," Bonner says.

"I kind of like the sound," says Hing. "If it bothered me, I wouldn't do it."

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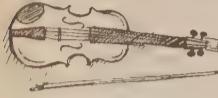
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Weekend Pleasure

Music



PARAMOUNT THEATER — Patti LaBelle and James Ingram perform Dec. 29, 8 p.m.; and Dec. 30, 8 p.m. and 11:30 p.m. \$25. 2025 Broadway, Oakland. Call 465-6400 for ticket information.

YOSHIS' — Dizzy Gillespie performs through Dec. 31, 9 p.m. and 11 p.m. \$5 to \$20. Yoshi's is located at 6030 Claremont Ave., Oakland. Call 652-9200 or 762-BASS for tickets.

ASHKENAZ — Calypso music by "Tropical Vibrations," is performed Dec. 29; "Zulu Spear," South African dance music, is performed Dec. 30. Shows begin 9:30 p.m. Ashkenaz is located at 1317 San Pablo, Berkeley. Call 525-5054.

LARRY BLAKE'S — Joe Louis Walker and the Boss Talkers perform Dec. 29; Norton Buffalo and the Knockouts, Dec. 30, 9 p.m., \$3 to \$8. The club is located at 2367 Telegraph Ave., Berkeley. Call 848-0888.

FREIGHT AND SALVAGE — Hunter Davis performs Dec. 29; John Fahey Holiday Show is Dec. 30. Doors open 7:30 p.m. 1111 Addison St., Berkeley. Call 548-1761.

Children

CHILDREN'S FAIRYLAND — "Coppelia," the puppet show about a realistic doll in a toy shop window, is performed through Dec. 31, 11 a.m., 2 p.m. and 4 p.m. Lakeside Park, Oakland. Call 832-3609.

LA PENA — Songs from celebrations all around the world are shared by Nancy Riven and Lichi Fuentes Dec. 30, 10:30 a.m. General, \$3; children, \$2. 3105 Shattuck Ave., Berkeley. Call 849-2568.

Stage

CRAZYATRICS — A production of "Grease" is performed Dec. 28-29, 8 p.m.; and Dec. 30, 2 p.m. and 8 p.m., Walnut Creek Civic Arts Theater at Del Valle, 1963 Tice Valley Blvd., Walnut Creek. \$7. Call Piedmont performances, 254-5143, for ticket information.

State board offers businesses help

California businesses needing help with the task of gearing up for the 1/4 percent "earthquake tax" can seek assistance from the State Board of Equalization which administers the sales and use tax.

Board staff is available to answer questions by phone or in person at 56 offices throughout California and three out-of-state offices in Chicago, New York, and Houston.

The amount of tax retailers should collect on transactions under the new tax rates are listed on tax charts which will be mailed to all sales tax permit holders in November.

The charts will be accompanied by a special notice which explains how the quarter percent tax should be reported on tax returns.

BERKELEY REPERTORY THEATER — "The Winter's Tale," a Shakespeare romance, continues through Jan. 7. \$14-\$25. Calvin Simmons Theater, 10 10th St., Oakland. Call 845-4700 for show times.

CITIARTS THEATER CONCORD — "A ... My Name is Alice," by Joan Micklin Silver and Julianne Boyd, closes Dec. 30. \$10 to \$12. Wednesday through Saturday, 8 p.m. Willows Theater, Willows Shopping Center, 1975 Diamond Blvd., Concord. Call 671-3388.

THE MASQUERS — The opera "Amahl and the Night Visitors" closes Dec. 30. General, \$5; children under 12, \$3. Dec. 29, 8:30 p.m.; Dec. 30, 2:30 p.m. and 8:30 p.m. The Masquers Playhouse, 105 Park Place, Pt. Richmond. Call 232-4031.

THE MORAGA PLAYHOUSE — The British pantomime, "Robinson Crusoe," by John Morley, runs through Jan. 6. Friday and Saturday, 8 p.m.; Dec. 30, 2 p.m. General, \$7; seniors and students, \$6. Los Perales Theater, Wakefield and Corliss drives, Moraga. Call 3760-2003.

Exhibits



LAWRENCE HALL OF SCIENCE — "Wolves and Humans: Coexistence, Competition and Conflict," an exhibit which explores the history, folklore, biology, behavior and future of wolves, continues through April 15.

"Designer Genes: Sizing Up Bioethics," a hands-on exhibit focusing on the difficult ethical issues raised by genetic engineering procedures continues through Jan. 2. General, \$4; students, seniors and youths, \$3. Centennial Drive, University of California, Berkeley. Call 642-5133 for hours.

ASIAN RESOURCE GALLERY — "Festive Moods," an exhibit of multimedia experimental works by artist Henri C. Caine which are inspired by Philippine traditions and culture, closes Dec. 31. Free. 310 Eighth St., Oakland. Call 763-2970 for gallery hours.

DOW AND FROSINI — "Gaines, Twenty-One Years of Work," an exhibition of posters and other graphic works of David Lance Gaines, closes Dec. 31. 2284 Fulton St., Berkeley. Call 841-4402 for hours.

gallery hours.

GALLERY CONCORD — "Party With the Party Animals," an exhibit of figurative sculpture, closes Dec. 30. 1850 Gateway Blvd., Concord. Call 671-3400.

HOLT PLANETARIUM — Planetarium programs "Northern Lights," "Moons of the Solar System," and "Constellations Tonight," can be seen Saturdays and Sundays, 1 p.m., 2:15 p.m. and 3:30 p.m. \$1.50 after museum admission. Lawrence Hall of Science, Centennial Drive, University of California, Berkeley. Call 642-5133.

Tours



TILDEN REGIONAL PARK — Tilden Nature Area Open House is Dec. 30, 11 a.m.-4 p.m.

A New Year's Eve hike through the Nature Area is scheduled for Dec. 31, 4-6 p.m. Environmental Education Center, Canon Drive, Berkeley. Call 525-2233.

FLYING BOAT TOURS — Ongoing weekend guided tours and a video presentation about the last of the operational flying boats is available Saturdays and Sundays, 10 a.m.-5 p.m.; tours leave every 30 days. General, \$5; children, \$3.

CLAREMONT RESORT — New Year's Dinner and Dancing with a choice of three bands and a buffet or a four-course dinner, starts from 6 p.m. \$120 includes four-course meal; \$93 for buffet. 41 Tunnel Road, Berkeley. Call 843-3000.

HANGAR 9, North Field, Earhart Road, Oakland International Airport, Oakland. Call 430-9050.

FREIGHT AND SALVAGE — New Year's Eve Bluegrass All-Stars show begins at 8 p.m. Show includes members from "High Country" and the "Fog City Ramblers." \$8. Doors open 7:30 p.m., 1111 Addison St., Berkeley. Call 548-1761.

New Year's

ASHKENAZ — "Suiraci," performing traditional Bulgarian and Macedonian village music will be in concert New Year's Eve, 10 p.m. Folk dancing lessons, 8 p.m. \$5. 1317 San Pablo, Berkeley. Call 525-5054.

BLAKE STREET GARAGE — A presentation by Alternative Music Productions, featuring "The Uptones," "Let's Go Bowling," and "Skankin' Pickle." Showtime is 9 p.m., 2029 Black St., Berkeley. Call 524-8180.

LARRY BLAKE'S — A New Year's bash features "The Sundogs." Ticket includes unlimited buffet, dancing and live music. \$22. 2367 Telegraph Ave., Berkeley. Call 848-0886.

BERKELEY COMMUNITY THEATER — "The Psychedelic Furs," and "East of Eden," perform at 9 p.m. \$25. Allston Way and Grove Street, Berkeley. Call 762-BASS.

OAKLAND HYATT REGENCY AND CONVENTION CENTER — "Times Square West," 8 p.m. Attend one, two or all three music and dance parties offered at the complex. The ballroom features music by Rosie Gaines and the Curtis Olson Group; Breezes lounge will host dancing to top 40 hits; and A.J. Toppers, the 21st floor restaurant, will feature jazz piano and a special menu. \$35 per person

FUBAR'S COMEDY CLUB — Comedy with Tommy Sledge, Steve Kravitz and Warren Foxworth, 7:30 p.m. and 10:30 p.m. \$30. 1150 Arnold Drive, Martinez. Call 370-1222.

GOLDEN GATE FIELDS — A black-tie optional New Year's Eve midnight gala begins 9 p.m. \$17. Turf Club, Golden Gate Fields, 1100 East Shore Highway, Albany. Call 762-BASS.

KIMBALL'S EAST — Vocalist Betty Carter, performs 10 p.m. and midnight. \$100 includes dinner; \$35 for champagne package. Emery Bay Marketplace, 5800 Shellmound St., Emeryville. Call 658-2555.

LA PENA — A dance party with Afro-Cuban dance music with Conjunto Cespedes, begins 9:30 p.m. \$15. 3105 Shattuck Ave., Berkeley. Call 849-2568.

SACRAMENTO RIVER FRONT NEW YEAR'S CELEBRATION — 30, 8 a.m. to Jan. 1, 6 p.m. Charters presents an old fashioned New Year's Eve party on the Sacramento River. In Benicia, checks in at 8 a.m. in Old Town Sacramento, and Benicia via a dinner cruise on the Delta Queen. Call 427-9622.

YOSHIS' — Dizzy Gillespie performs a special champagne show. \$30. 6030 Claremont, Oakland 9200 or 762-BASS.

general admission, \$129 per dinner at A.J. Toppers, 1031 Shattuck Ave., Berkeley. Call 762-BASS, or 7655.

OMNI — New Year's Eve, "Y & T" and guests begin 8:30 p.m. 4799 Shattuck Ave., Oakland. Call 7655.

ONSTAGE THEATER — Housewives, a musical comedy by four housewives who turn to music to win \$2,000 in a contest. 9 p.m. show includes a New Year's Eve Champagne Gala. \$12.50. 2050 Oak Park Blvd., Pleasanton. Call 944-9006.

PUNCH LINE, WALNUT CREEK — Comedy with Warren Thomas, Brown and Clay begin show, 8:30 p.m., \$12.50. Late show, 10:30 p.m., \$25. 1661 Bouleau Dr., Walnut Creek. Call 243-8510.

SACRAMENTO RIVER FRONT NEW YEAR'S CELEBRATION — 30, 8 a.m. to Jan. 1, 6 p.m. Charters presents an old fashioned New Year's Eve party on the Sacramento River. In Benicia, checks in at 8 a.m. in Old Town Sacramento, and Benicia via a dinner cruise on the Delta Queen. Call 427-9622.

YOSHIS' — Dizzy Gillespie performs a special champagne show. \$30. 6030 Claremont, Oakland 9200 or 762-BASS.

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closeouts, many of which we are offering at prices actually below our cost. That's *installed*. So you can start your year by joyfully beating your favorite retailer out of a few bucks. Best quality. Top selection. Lowest prices. And the genuine opportunity to say you got it below wholesale. Can we ever put together a sale that offers more? Frankly, we don't see how. But it's nice to know we have 364 days to try!

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Check engine fluid monthly

If you have never checked your automatic transmission fluid, you're like many car owners. That's the one underhood check many people avoid.

The reason, according to the Care Council, is that people tend to be intimidated by the procedure.

"More to the point," says Council President Donald B. Midgley, "they don't know how to go about it or what to do if the fluid does need attention."

"This should be part of routine maintenance like checking the oil or the coolant level," he emphasizes.

Transmission fluid should be checked monthly. Get in the habit now, suggests Midgley.

To check your car's transmission fluid have the engine at the normal operating temperature, so that the fluid is expanded to its normal level.

Park the car on a level surface with the engine idling and the parking brake set. Move the shift lever through the gears, returning to park or neutral.

Remove the dipstick and, with clean cloth or paper towel, wipe it dry. Reinsert it, pull it out and

note the level and color of the fluid. It should be light red.

Dark red or brown coloration or a burning smell indicates the transmission may have been overheated.

Normal operating temperature for a transmission is 180 degrees Fahrenheit. When it exceeds that temperature, oxidation begins. At 300 degrees the fluid quickly loses its protective qualities and can damage the transmission.

Consult with a transmission expert. You may want him to check for damaged parts; he'll probably recommend replacing the fluid and filter.

If you're pulling a trailer or otherwise giving your vehicle severe service (check your owners manual for detailed definition), install an auxiliary cooler.

If the color of your transmission fluid is a normal red but the level is low, add fluid and have a qualified technician locate the source of the leak.

Not all transmission fluids are alike; be sure you use a quality product of the type specified for your particular make and model of vehicle.

The wrong fluid can cause erratic shifting or damage.

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Alcohol related to half of auto deaths

Drinking drivers are responsible for approximately half the people killed in California traffic accidents, according to the California State Automobile Association.

In California, 2,510 persons were killed in alcohol-related accidents in 1988 out of a total of 5,381 traffic deaths.

CSAA issues the following tips for those hosting holiday parties.

- Suggest that your guests form car pools, with designated drivers who agree to remain sober.
- Don't make drinking the primary activity at your party. Focus on dancing, games, food or conversation.
- Make sure that non-alcoholic drinks are available.
- Use fruit juice or tea as a base for alcohol-free punch. Carbonated mixers speed up the rate that alcohol is absorbed into the body.

• Provide plenty of food because it helps slow the body's absorption of alcohol. Offer meat, cheese and other high-protein foods, which stay in the stomach longer.

• At least two hours before the party is scheduled to end, put away the alcoholic beverages. Continue to provide plenty of non-alcoholic drinks.

• Offer your guests a late snack to end the evening.

Quick cures won't help those who have overindulged, CSAA says. Taking a cold shower or

drinking a lot of coffee after too much alcohol makes a person wide-awake, but still drunk, the AAA-affiliated auto club emphasizes.

If guests do drink too much, the host can call organizations that offer free transportation to party-goers, pay for a taxi ride home, drive the guests home or let them spend the night.

If drinkers insist on driving, the party-giver can call 911 to reach the local police department or, if highway travel is involved, the California Highway Patrol.

It is helpful to have a description of the vehicle, including color and license plate number.

To help party hosts provide non-alcoholic drinks, a holiday party guide containing alcohol-free recipes has been issued by the California State Automobile Association.

The booklets are designed to encourage party-givers to be responsible hosts and to provide non-alcohol drinks for guests who are driving.

The guides list 18 alcohol-free drink recipes created by professional bartenders. Among the names of drinks listed are BADD (Bartenders Against Drunk Drivers), Designated Driver, and Sober Thought.

Copies of the booklets are available from California State Automobile Association district offices.

Crashes expected to reach 566,473

During 1990, 566,473 Californians will be involved in traffic collisions.

For most it will mean only the expense and inconvenience of a damaged automobile. But for 5,381 it will mean painful, perhaps debilitating injury.

Worst of all, 5,381 Californians will die in automobile crashes during the new year.

In fact, more than nine out of 10 vehicle crashes are caused by human error. Most damage, injuries and fatalities are entirely avoidable.

While most fatalities are alcohol-related and occur on weekend nights, most collisions occur during heavy commute hours.

Auto collisions occur most frequently between 4 to 7 p.m., and are particularly high on Friday afternoons.

The following pointers should help increase your margin of traffic safety.

• Leave plenty of space between you and the car ahead. Tailgating is one of the most common and dangerous driving habits. Driving too close removes your margin of safety and leaves you at the mercy of the driver ahead.

• Don't rubberneck. Slowing to look at minor incidents, cars being ticketed, or other distractions creates "gawkers block" on the roadways and increases chances of an accident.

• Don't change freeway lanes unnecessarily. You'll get there just as fast if you stick with one lane. Impatient lane changers actually slow down traffic, as well as being a major cause of serious collisions.

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Announcements

BOY Scout uniforms. Clean out the closet and recycle them to help youngsters. Leave at The Montclarion office.

204
Giveaway

FREE to good home, 6 month old sweet little male black cat. Has shots. 654-6898

205
Lost & Found

LOST - keys on Snake Rd. December 14, \$100 reward. 339-2797.

LOST dark orange short haired male tabby cat, December 16th from 63rd St. near Colby. Reward 655-9497

FOUND: Hiller Highlands: 1/2 black- 1/2 white faced, large long haired cat. Brown collar. 540-8948.

LOST: Tabby cat, greyish brown, collar? Contra Costa Drive-Mooser. December 16. 655-4727; David 526-4670

LOST: Tabby cat, December 12, El Cerrito Hills, blackish- gray-brown. Might have collar with name "David". Joan: 655-4727. Reward.

LOST calico- tabby cat, green eyes, short hair, small female, December 2nd near Derby and College. Reward. 841-9374.

301
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OPTOMETRIC receptionist needed Thursday, Friday, for Lake Merritt office, will train. 444-1969.

ACCOUNTING, typing, for one person office. Salary open. Resume: 5550 Redwood Road #1A, Oakland 94619

ADMINISTRATIVE assistant- full charge bookkeeper, full-time for wholesale company. IBM PC experience required (D base 3 plus, reflex), Japanese language helpful. Must have California Driver's license with clear record. Also, have own car and insurance. Call Shelly at 655-2375.

RETAIL sales, full-time and part-time. Apply in person: Monterey Fish Market, 1562 Hopkins Street, San Francisco, 94157.

TEACHER, preschool, 2- 6 p.m., small group, \$7 hourly, upper Rockridge, experienced, start January 2nd. 531-0137.

TEACHER, preschool, 2- 6 p.m., small group, \$7 hourly, upper Rockridge, experienced, start January 2nd. 531-0137.

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ASSISTANT needed for shared child care for 3 year old son in Oakland home. Weekdays starting February 1st. Shared arrangement okay. 832-4221.

HOUSEKEEPER- babysitter, part-time live-in. Late afternoon and evenings, 5 days. Laundry, kitchen, help with 2 children, 5 and 10. Room, board, and salary. Student okay. 654-7583, leave message.

LIVING- responsible person needed to care for our 3 month old son in our Oakland home. Weekdays starting February 1st. Shared arrangement okay. 832-4221.

WANNY, full-time, live-in, excellent salary- car. Need immediately. Non-smoker, drive stick, swim, separate quarters. 843-3658.

ASSISTANT needed for shared child care for 3 year old son in Oakland home. Weekdays starting February 1st. Shared arrangement okay. 832-4221.

WANNY, full-time, live-in, excellent salary- car. Need immediately. Non-smoker, drive stick, swim, separate quarters. 843-3658.

EXPERIENCED, warm, capable person wanted to help care for infant twins and preschooler. Some light housekeeping. Tuesdays 11:30 a.m. to 8:30 p.m. Additional hours possible. References, non-smoker required. 482-5503.

Qualifications include recent personnel experience; a service orientation with excellent human relations and communications skills; demonstrated ability to organize work and perform multiple tasks simultaneously; competent use of computer/ word processor (applicant tracking experience preferred); work background with previous Personnel Department applicants; Medical Center employees and managers.

CHILD care share, with 2 year old, full-time or less, our Rockridge home. Wonderful bilingual caregiver. \$45 per hour. 658-6946.

FULL-TIME sitter and infant needed for shared child care with our newborn. Sitter must have car. English and infant experience required. 339-1751.

Working hours for this 32 hour position are 8:00 a.m. - 3:30 p.m., Monday through Thursday, and 9:00 a.m. - 12:00 noon, Friday. You must be available to work some additional hours on relief basis when needed.

For information and application contact: Employment Department, Kaiser Permanente Medical Center, 280 W. MacArthur Blvd., Oakland, CA 94611. (415) 596-6175. We are an EEO/AA employer. Minorities, women, handicapped and veterans are encouraged to apply.

SAUTE Cook: 2- 3 evenings a week. Pasta department, some preparation required, will train, experience a plus, salary negotiable. 465-8320

ADMINISTRATIVE Assistant, part-time, for Albany Berkeley Elder Network, \$10,000 year plus benefits, 1482 University Avenue #3, Berkeley 94702.

BEAUTY supply- retail sales. Experience store management and sales position, full-time, Apply any Beauty Center or call 639-0607.

TELEPHONE solicitor for insurance agent, fringe benefits. Salary: \$100 per month. 510-524-8076.

LIVE-IN caregiver needed for active, independent woman in wheelchair with Multiple Sclerosis. Duties include personal care, exercise, pet and plant care, light housecleaning, meal preparation, etc. Flexible hours; private room in North Oakland hills. Transportation required. Salary negotiable. 841-4211.

OFFICE MANAGER Experienced bookkeeper needed to manage office of private crime laboratory. Prefer mature self-starter with Macintosh experience. Competitive salary; benefits. Call Mr. Morton, 451-0767.

RETAIL Sales for lighting showroom. Fast learner with excellent customer service skills for full-time position. City, 524-8076.

MEDICAL insurance biller. 4 day week, very busy. Pitt Hill, ophthalmology office, fully computerized, electronic Medicare, call Rose between 2-5 p.m. 693-4931.

DENTAL receptionist 4 days per week. Experience. Mature. Nice Oakland office. 444-0583.

Kaiser Permanente Good People, Good Medicine

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*Prepayment Required

DEADLINES:
11:00am, Monday (Friday 3:00 pm before day weekend.)
5:00pm, Friday - Service Ads and Notices.

ADJUSTMENTS: We make every effort to avoid errors in advertisements. Please check your ad the first day it appears. If an error is noticed, call 339-8777 immediately. We are not responsible for more than one adjustment. If an error affects the value of the ad, liability is limited to the cost of space occupied by the error. We cannot promise the order in which it will appear under one heading.

CANCELLATIONS: Please be sure to retain the number that is given to you at the time you place your cancellation order. Adjustments will be made without cancellation number.

606
Pets
Supplies

CHOCOLATE standard poodle female, championship line, 12 weeks, housebroken, \$250. 678-3665.

607
Wanted
To Buy

SPACIOUS one bedroom, 1 bath block off Colby Point. One bedroom, 1 bath, \$1000. 452-3936, 835-1317.

608
Whirlpool washers
(1972 or newer), gas dryers, working or not. Anytime. Mr. Casper. 548-4419.

609
Partly furnished
partly furnished, 2nd floor, private entrance, \$127. 878-1191.

701
FOR RENT
GENERAL

MONTCLAIR Women's Club, 1650 Mountain Blvd., for groups of 40-250, kitchen, parking, stage, 428-1886.

702
Albany
Kensington

LUXURIOUS highrise living at Albany Hill's Gateview Towers overlooking the Bay. Resort lifestyle, 24 hour security. One bedroom 1 bath from \$700. 1 bedroom - den and 2 baths from \$825.

Two bedroom 2 bath from \$875. ALBANY HILL REALTY 525-7640 24 HOUR HOTLINE 297-4044

703
Apartments
Condos
Townhouses

ROCKBRIDGE upper floor, 1 bedroom, 1 bath, 2nd floor, \$1000. 751-9279, 941-7811.

MONTCLAIR- spacious 1 bedroom, 1 bath, 2nd floor, \$1000. 551-8118.

TWO bedroom in quiet, large sunny flat, 1st floor, easy trans. \$650 per month. 848-9484.

ROCKBRIDGE upper floor, 1 bedroom, 1 bath, 2nd floor, \$1000. 751-9279, 941-7811.

LAKEview spacious 1 bedroom, 1 bath, 2nd floor, \$1000. 843-6319.

SUNNY and spacious 1 bedroom unit with 2nd floor, walk-in closet, steam heat. Coat of arms. 845-9023.

APPOINTMENT ONLY. Call 841-5474.

Lakeview, 1 bedroom, 1 bath, 2nd floor, \$1000. 843-6319.

BERKELEY CONNECTION

Rentals and Shares
See Before You Pay
New Listings Daily
Phone-In Service
Free Map With Ad
Money Back Guarantee

845-7821
2840 College Avenue

BERKELEY Large 1 bedroom, 1 bath, in-law, quiet, clean, view, deck, laundry, carpet. No dogs. \$950 per month. One person, \$750, plus utilities. 547-8070.

705
El Cerrito
& North

LARGE studio, in-law, fireplace, yard, good area. Includes all utilities. 841-5975.

NEWLY refurnished apartment in the area. 2nd floor, 1 bedroom, 1 bath, \$1000.

**Apartments
Condos
Townhouses**
**706
Oakland
Piedmont
& South**

ONE bedroom apartment, Glenview, large sunny, hill view, with garage. Very private, quiet threeplex. One block to bus and shopping. Cat okay. \$675 month. Available January 1. 339-9584.

NICE 1 bedroom, patio, near Lake, transportation, \$475 plus deposit, 525-4020.

GREAT LOCATION

Grand Lake area above MacArthur Studios, redecorated, apartment, clean. Excellent transportation. Most utilities. Quiet, owner managed building. No pets. \$440.

bedroom near Lake, very nice tenant, cat okay, \$414. Stated: 553-5710.

MONT Avenue. Newly re-decorated one bedroom, near transportation and shopping. No pets. 771-2104.

AVAILABLE now! large 1 bedroom, large sun, new paint and carpeting, no building. \$475 per month deposit. \$35-3345

DOWNTOWN NEAR LAKE
to work or travel.

PLATINUM STUDIOS, \$440
water, scavenger service, to wall carpets, all electric

fully secured BUILDING
CUSTODIAN LOBBY CONNECTS
PARTMENTS WITH INSIDE
WASH AND LAUNDRY ROOM
Washout outlets and cameras at
entrances. No pets. References at
Lakewood, 1520 Jackson

NO, quiet security building,
quiet condition, \$385 plus
deposit. 840 East 15th

525-5531

100 sunny in quiet Chino Hill
quiet building, heat included,
plus \$50 deposit. 1148
Way. 525-5531.

100 sunny 1 bedroom in
securing, oak floors. \$495 plus
deposit. 840 East 15th. 525-8531.

LAND Hills near Mormon
Lake. Quiet modern two bed-
rooms. \$835. Three bedrooms, 2
bedroom. \$835. Ready, no pets. Lincoln
Ave. 891-9060. If no
pet, can be number
943 and leave your own

1 bedroom 2 bath duplex, Oakland
above 580 off of Keller. Spacious,
quiet, large deck plus
deposit. 733-3178.

bedroom, Adam Point,
security, carpets, drapes
plus \$475. 943-5270.

LAND- Berkeley border, 2
bedroom, deck, on Shattuck,
bright, hardwood, bright and
with charm. \$595.

100 clean 1 bedroom,
quiet, view, laundry, \$550
\$30-3846.

MCAR 1 bedroom, beau-
tiful, relaxed setting, gor-
geous, quiet, immaculate
decor, security, utilities
no-smoker, no pets. Utilities
\$440. 839-5755, leave
message.

ADAMS POINT
One bedroom. Spacious, bright
and clean, discount for immediate
move-in. \$525-\$550 plus deposit.
451-0174.

GRAND LAKE AREA
Studio, walk to shops and trans-
portation. Walk-in closet, separate
kitchen, very clean. \$470 plus de-
posit. \$32-5350.

STUDIO across from Lake. Near
shops, transportation and tennis
courts. Very clean and bright. \$450
plus deposit. 763-5386.

THREE bedroom executive
penthouse, Piedmont border, panoramic
bay view, new interior, deck
1150 month. 254-3560.

ART DECO Building near Grand
and Lake Merritt. 1 very spacious
unfurnished studio available in
quiet, well maintained building.
Hardwood floors, high ceilings,
modern kitchen, fireplace, full bath,
walk through closet. Security
elevator. No pets. All utilities
included. \$440. 839-5755, leave
message.

ADAMS Point, modern building,
1 bedroom \$575 and 2 bedroom
\$850, decks, security parking
Kristen 339-9825

ONE bedroom apartment, \$395
month plus deposit. Mills College
area. Quiet. Utilities except gas
531-9092

ONE bedroom upstate apartment
in attractive brown shingle building
2 blocks from Lake Merritt, park-
ing, laundry, extra storage, \$450
plus last, plus deposit. 689-9098.

BEAUTIFUL 3 bedroom plus flat,
Spacious, newly remodeled, great
Glenview location. Available Jan-
uary 1. \$1200 plus deposit. David
482-8355

1 bedroom, One bedroom up-
stairs, hardwood, charm, spa-
cious, secure, gas stove, re-
duced bath, extra storage plus
immediate occupancy.

938-1312.

1 bedroom, clean, quiet,
new appliances, for seniors. Also studio
\$335-1657.

bedroom, 1 bath, upstairs,
Harrington Street, \$378
plus deposit, no pets.

1 point 1 bedroom, quiet,
bedroom, laundry, garage.

1 bedroom, carpet, drapes,
dryer, washer, dryer, in
neighborhood. View! \$375-
\$393.

1 bedroom, quiet, new appli-
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\$335

915 Home Services

MASONRY

Brick, block, stone, marble, granite. Free estimate. Bob 236-0117.

SIR AMICK TILE

Re-glazing leaky showers, bathtub re-glazing. Free estimates. 530-5067.

CARPETS CLEANED

Upholstery, area rug cleaned. Lowest rates. Free estimate. Call Montclair Carpet Cleaners 339-1731.

"CALIFORNIA has its faults"

Earthquake damage prevention. Bolting, bracing and shear. wall. Community Design, 801-0202.

EARTHQUAKE

Foundation bolts, metal connectors, shear walls. Reasonable rates. Ross 655-1881.

HEATING

New or replacement of systems. 15 years experienced, reasonable prices. Free estimate. Safi 841-9328.

EARTHQUAKE

Foundation bolts, metal connectors, shear walls. Reasonable rates. Ross 655-1881.

TILE AND MARBLE

Setting and remodeling. Floors, baths, kitchens, etc. Gidi, 526-3661.

WINDOW REPAIR

Or replacement, wood and aluminum. 24 hours. License #548661. 649-9870. Free estimates.

916 Housesitting

GOING on vacation? 1, 2, 3 weeks? Let me watch your house, pets. HouseWatch Service, Licensed, bonded. Joe, 522-1978.

SPECIAL attention for your home, pets by caring, trustworthy professionals. References. Home Sweet Home. 835-6055

917 Housecleaning

BARCICK Window Cleaning

Insured 849-3350

A GENTLE MAN'S TOUCH

Housecleaning. Student, clean, conscientious, reliable, references. Cllt. 845-4608.

THOROUGH cleaning by trained Central Americans. Low rates, high quality guaranteed. Excellent references. Free estimates. 486-0456

PROFESSIONAL Cleaning

Homes, offices, vacances, 12 years experience. Meticulous, thorough, reliable. Own supplies, equipment. Excellent references. Phone 841-9499.

Atkins and Atkins

Professional Cleaning Service. Licensed and Bonded. 24 hours, (415) 601-1115. General House-cleaning. Specializing in Refrigerator, Stove, Bathroom and kitchen tiles.

MONTCLAIR MAIDS

A Service Just For You 530-1944
Bonded Insured

918 Locksmith

BONDED, Insured. Deadbolts installed. Foreign/domestic auto keys. Glenview Key and Lock, 4187 Park Blvd. 530-6141. Contractor License #45353.

919 Landscaping-Licensed

EVERGREEN Lawn and Tree Service. Rototill, hauling, clean-up, sprinklers, new lawn, block, brick, wood fences, free estimates. #16875. 236-5050.

FENCES, decks, design, maintenance, drainage, wood walls. #415775. References. 644-2598. Free estimate. Excellent plant prices

920 Movers-Licensed

TRIANA MOVING and Storage 33 years. Local, long distance. T-91758, low rates, pack equipment. No overtime, Saturday, Sunday, expert piano, organ, 562-3778.

PLANETARY MOVERS

Save 15-50% over our competitors! 98% of our jobs are breakage free! No hidden charges! Low cost! Free wardrobes and estimates! 5% of our profits donated to Peace and Environmental Causes! Use your Mastercharge, Visa or American Express card! Call the Best Movers in the Galaxy! 839-4444 anytime. CALT-152842

Park-Tilden Movers

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